

THE NEW CORONAVIRUS LOCKDOWN

Britain is again in lockdown because of a recent surge in Coronavirus cases.

It may feel like the pain is never-ending, but this lockdown is different because there is now light on the horizon. We have two vaccines which some of our most vulnerable residents are already receiving.

Since the start of the pandemic, we as a council, working alongside our partners in the community, have set up robust systems to provide residents, community organisations and businesses with help and financial support. We've also worked closely with our schools to set up testing systems and distribute laptops and data vouchers to ensure all children can access home learning.

This leaflet sets out the new rules and gives information on where you can get help. By working together we will get through this.

Follow the rules to help us beat the virus, protect the NHS and keep you and your loved ones safe.

CLlr Ravi Govindia, Leader, Wandsworth Council



What are the new rules?

You must stay at home. The police can take action unless you have a 'reasonable excuse'. These include but are not limited to:

- Shopping for food, medicine and other essentials for yourself or a vulnerable person. Only essential shops can open.
- Work, if you cannot work from home
- Attending medical appointments
- Education and childcare, for those eligible
- Exercise once a day in your local area with people you live with, or when alone, with one person from another household

Clinically extremely vulnerable people must shield again.

You may form and meet with one household in your childcare and support bubble, if you are eligible.

Colleges, primary and secondary schools will remain open only for vulnerable children and the children of key workers.

You must keep two metres apart from people not in your household or support bubble.

For the full list and details of the rules visit: www.gov.uk/coronavirus

CORONAVIRUS



Contact the Community Hub if you need **emergency support**, such as being unable to collect food or medicine.

Call: **020 8871 6555** or email: **covid19support@richmondandwandsworth.gov.uk**

To see other local support available, go to: **www.wandsworth.gov.uk/coronavirus**

NHS Voluntary Responders support **vulnerable people who are self-isolating**.

Call 0808 196 3382

If you are in **severe financial difficulty**, the council offers various grants including crisis assistance and discretionary housing payments.

Visit **wandsworth.gov.uk/housing/benefits-and-support**.

If you need help applying call Citizens Advice Wandsworth on (020) 4529 0674

If you are worried about the **welfare of a child**, contact the Multi-Agency Safeguarding Hub (MASH) on (020) 8871 6622.

If you are worried about the **welfare of an adult** call the council on (020) 8871 7707

If you are the victim of **domestic abuse** call 0808 2000 247 for advice and support.

If you are worried about your **mental health** support and counselling is available from Talk Wandsworth. Call (020) 3513 6264. Young people can visit **kooth.com**.

If you are experiencing a **mental health crisis** call the Mental Health Support Line on 0800 028 8000.

How to get tested

The main symptoms of Coronavirus are a high temperature, a new continuous cough and loss of or change to your sense of smell and taste.

If you think you have symptoms you can get tested in Wandsworth on January 9, 11, 14, 16, 19, 21, 24, 26, 28 and 31.

You must book in advance at **nhs.uk/coronavirus** or call **119**.

Find out about getting a test if you do not have symptoms at **wandsworth.gov.uk/testing**

EVERYONE MUST: Wash your hands. Cover your face. Keep a safe distance.

HANDS  **FACE**  **SPACE** 

